

# Wanderlust Tours

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*Boutique journeys across Portugal and Andalusia*

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**Founded** 2014 **Based in** Lisbon, Portugal **Office** Rua das Flores 88, 1200-194 Lisbon **Contact**  
hello@wanderlusttours.example · +351 21 000 0000

We're a small team of twelve, running a small number of trips. Every itinerary in this catalogue is one we walk ourselves — at least once a year, and usually more.

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## How our tours work

We've built the company around a simple idea: that the best way to see a place is to slow down inside it. Our groups are small, our pace is unhurried, and our guides live in the regions they show you.

**Group sizes.** Maximum of 12 travellers per tour. Some departures fill at 8.

**What's included.** Accommodation in characterful three- and four-star hotels, all guided activities, transport between trip locations, and most meals — typically breakfast every day, plus three to four dinners per week with local wine.

**What's not included.** Flights to and from your starting city, travel insurance (required — see Booking Policies), personal expenses, optional excursions, and lunches on free days.

**Pace and difficulty.** Each package is rated 1 to 3:

- **Level 1** — gentle. Mostly city walking and short transfers. Suitable for most travellers.
- **Level 2** — moderate. Some longer days, occasional uneven terrain, two to four hours of walking on active days.
- **Level 3** — active. Daily hikes, real elevation, weather you'll feel.

**Ages.** Most tours are 12+. Family-specific tours are noted in the package details. We don't currently run dedicated youth or solo-only departures.

**Solo travellers.** Welcome on every tour. A single supplement applies for private rooms — see each package for the amount. We don't pair strangers into shared rooms.

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## What we can help you with

This catalogue, and the assistant on our website, can help you with:

- Information about our tour packages — itineraries, what's included, pricing, group sizes
- Departure dates and availability windows
- Questions about the destinations we cover (Portugal and southern Spain)
- Our policies — bookings, cancellations, deposits, group rates
- General questions about travelling with us

## What we can't help you with directly

- **We don't book flights.** You'll arrange your own travel to the trip's starting city. We're happy to suggest arrival timing.
- **We can't process payments through chat.** Booking happens by email or phone, with a member of our team.
- **We can't guarantee visa eligibility.** That depends on your nationality and current rules — please check with your consulate.
- **We don't have live weather or disruption updates.** For current conditions on your trip dates, write to us directly.
- **We don't offer instant private-itinerary customisation.** Bespoke trips are designed by hand by our team — please get in touch and we'll start a conversation.

If you're asking about something outside the above, our team is happy to help:

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## The tours

We run seven core itineraries across four categories. They run between March and November; we don't operate in winter.

Category	Tour	Duration	Difficulty
City breaks	Lisbon Essentials	4 days	1
City breaks	Porto & Douro Valley Explorer	5 days	1
Nature	Azores: São Miguel Hiker	7 days	3
Culture & food	Alentejo Wine Trail	6 days	2
Beach	Algarve Coast in 5 Days	5 days	1
Culture & history	Andalusia: Seville to Granada	8 days	2
Family	Sintra & Cascais Family Adventure	4 days	1

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### 1 · Lisbon Essentials

**4 days · Group of up to 12 · Difficulty 1 · From €890 per person**



A short, well-paced introduction to Lisbon — the neighbourhoods that locals love, the views the guidebooks miss, and an evening of fado in a room small enough to feel like an invitation.



### Day by day

- **Day 1** — Welcome dinner in Bairro Alto. Evening walking introduction to the old town.

- **Day 2** — Alfama on foot with a local historian. Afternoon free. Optional pastéis de nata workshop in Belém.
- **Day 3** — Day trip to Sintra: Quinta da Regaleira, Pena Palace, and a long lunch in the hills.
- **Day 4** — Belém in the morning — the Tower, the Monastery, the Maritime Museum. Tour ends at 14:00.

**What's included.** 3 nights' accommodation in a small boutique hotel in Chiado, all guided activities, 2 dinners with wine, daily breakfast, all transport during the tour.

**What's not.** Flights, lunches except where noted, optional pastéis workshop (€45).

**Ideal for.** First-time visitors to Portugal. Travellers with a long weekend.

**Departures 2026.** Mar, Apr, May, Jun, Sep, Oct, Nov.

**Single supplement.** €240.

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## 2 · Porto & Douro Valley Explorer

**5 days · Group of up to 12 · Difficulty 1 · From €1,290 per person**



Two nights in Porto's working-port riverside, then three slow days in the Douro — two family wineries, a river cruise from Pinhão, and the kind of late lunches the valley was made for.



### Day by day

- **Day 1** — Arrive Porto. Welcome dinner at a long-running tasca in Ribeira.
- **Day 2** — Morning walking tour of Porto: the Sé, Livraria Lello, Clérigos. Afternoon port cellar visit in Vila Nova de Gaia.
- **Day 3** — Transfer to the Douro Valley. Lunch and tasting at our first winery, a fourth-generation quinta near Régua. Sunset on the terrace.
- **Day 4** — Boat trip on the Douro from Pinhão. Lunch on the water. Afternoon visit to a smaller artisan producer.
- **Day 5** — Slow morning at the quinta. Return to Porto. Tour ends at 17:00.

**What's included.** 4 nights' accommodation (2 in Porto, 2 at a Douro quinta), all guided activities, 3 dinners with wine, daily breakfast, all winery tastings, river cruise, all in-tour transport.

**What's not.** Flights, 2 dinners on free evenings, additional wine purchases.

**Ideal for.** Wine enthusiasts. Travellers comfortable with two unhurried days in the same valley.

**Departures 2026.** Apr, May, Jun, Sep, Oct.

**Single supplement.** €320.

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3 · Azores: São Miguel Hiker

7 days · Group of up to 10 · Difficulty 3 · From €1,890 per person



A real walking tour. Crater rims, fern forests, a hot-spring valley, and one of the better whale-watching coasts in the North Atlantic. This is our most physical itinerary — expect four to six hours of walking on most days, sometimes in weather.



## Day by day

- **Day 1** — Arrive Ponta Delgada. Easy orientation walk. Group dinner.
- **Day 2** — Sete Cidades crater. Full-day rim walk (14 km, mostly gentle gradient, some exposure).
- **Day 3** — Lagoa do Fogo. Descent into the crater, swim if conditions allow (10 km).
- **Day 4** — Whale and dolphin watching by RIB from Ponta Delgada. Free afternoon.
- **Day 5** — Furnas: thermal valley, geothermally-cooked *cozido* lunch, hot-spring soak in the afternoon.
- **Day 6** — Eastern coast: Nordeste walk through ferns and laurisilva forest (12 km).
- **Day 7** — Slow morning. Optional walk in the botanic garden. Tour ends at 13:00.

**What's included.** 6 nights' accommodation in small hotels and one family-run guesthouse, all guided walks, whale-watching excursion, 4 dinners with wine, daily breakfast, all in-tour transport, hiking-poles loan.

**What's not.** Flights to Ponta Delgada, lunches except day 5, waterproofs (essential — bring your own).

**Ideal for.** Active walkers comfortable with full days on foot and changeable weather. Not suitable for travellers with mobility limitations.

**Departures 2026.** May, Jun, Sep.

**Single supplement.** €380.

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4 · Alentejo Wine Trail

**6 days · Group of up to 12 · Difficulty 2 · From €1,590 per person**



The Alentejo is Portugal's quietest landscape — cork oak forests, white-walled villages on hilltops, and a wine tradition that, until recently, was a local secret. This is a slow, deeply seasonal trip built around four wineries and the towns between them.



### Day by day

- **Day 1** — Pickup from Lisbon. Drive to Évora. Walking tour of the old town: the Roman temple, the bone chapel, a long dinner.
- **Day 2** — First winery: a small organic producer outside Évora. Tour, tasting, lunch in the vineyard.
- **Day 3** — Drive to Monsaraz on the Spanish border. Free afternoon in the village. Sunset over the Alqueva lake.
- **Day 4** — Second and third wineries — one traditional clay-amphora producer, one modern estate. Group dinner in a converted convent.
- **Day 5** — Transfer to the cork country near Estremoz. Cork-oak forest walk with a local biologist (3 hours). Final winery and farewell dinner.
- **Day 6** — Slow morning. Return to Lisbon. Tour ends at 15:00 in central Lisbon.

**What's included.** 5 nights' accommodation in restored country houses and a town hotel, all winery visits and tastings, 4 dinners with wine, daily breakfast, cork-forest walk, all transfers from/to Lisbon.

**What's not.** Flights to Lisbon, 2 dinners on free evenings, additional wine purchases.

**Ideal for.** Wine enthusiasts who'd rather spend a week in one region than rush across three. Travellers who enjoy long, slow lunches.

**Departures 2026.** Apr, May, Sep, Oct.

**Single supplement.** €290.

## 5 · Algarve Coast in 5 Days

**5 days · Group of up to 12 · Difficulty 1 · From €1,090 per person**



Most visitors to the Algarve see one stretch of it — usually whichever beach is closest to their hotel. This trip moves along the western coast, mixing the famous cliffs with the quieter coves on either side. Mornings are walks; afternoons are free or on the water.



### Day by day

- **Day 1** — Arrive Lagos. Walking introduction to the old town and the slave market memorial. Welcome dinner on the harbour.
- **Day 2** — Ponta da Piedade cliff walk (8 km, gentle, with stairs down to the cove). Boat trip in the afternoon to the sea caves.
- **Day 3** — Drive west to Sagres. Walk to the Cape St Vincent lighthouse along the cliffs. Afternoon free in Sagres.
- **Day 4** — Drive east to Tavira. Stop at the salt pans en route. Slow afternoon in Tavira's old town.
- **Day 5** — Ria Formosa lagoon by small boat: barrier islands, oyster beds, a swim if the weather agrees. Tour ends at Faro airport at 14:00.

**What's included.** 4 nights' accommodation (2 in Lagos, 1 in Sagres, 1 in Tavira), all guided walks, 2 boat trips, 3 dinners with wine, daily breakfast, all in-tour transport including airport drop-off.

**What's not.** Flights, optional second sea-cave boat trip (€55), lunches.

**Ideal for.** First-time visitors to the Algarve. Travellers who want a coast trip without a hire car.

**Departures 2026.** Mar, Apr, May, Jun, Sep, Oct, Nov.

**Single supplement.** €260.

6 · Andalusia: Seville to Granada

**8 days · Group of up to 12 · Difficulty 2 · From €2,190 per person**



A longer trip and our only one that leaves Portugal. Three days in Seville, two in Córdoba, three in Granada — Moorish architecture, the cities they grew into, and the food that came out of all of it.



### Day by day

- **Day 1** — Arrive Seville. Evening walking tour of Santa Cruz. Welcome dinner with flamenco.

- **Day 2** — Cathedral, Giralda, Royal Alcázar (skip-the-line entry). Free afternoon.
- **Day 3** — Day trip to a sherry bodega in Jerez, or free day in Seville (your choice when booking).
- **Day 4** — Train to Córdoba. Walking tour: the Mezquita, the Jewish quarter, the Roman bridge. Group dinner.
- **Day 5** — Slow morning in Córdoba. Optional walking tour of the patios. Afternoon train to Granada.
- **Day 6** — Alhambra and Generalife (full day with an art historian).
- **Day 7** — Albaicín on foot. Sunset at Mirador San Nicolás. Farewell dinner in Sacromonte.
- **Day 8** — Slow morning. Tour ends at 12:00 in central Granada.

**What's included.** 7 nights' accommodation in centrally-located three- and four-star hotels, all guided activities, Alhambra entrance with art historian, all train tickets between cities, 5 dinners with wine, daily breakfast.

**What's not.** Flights, 2 dinners on free evenings, optional Jerez excursion (€85, if not selected as Day 3 main activity), Córdoba patio tour (€30).

**Ideal for.** Travellers with a week to spend and an interest in history, architecture, or food. Anyone who has already done a Lisbon or Porto trip with us.

**Departures 2026.** Apr, May, Sep, Oct.

**Single supplement.** €520.

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## 7 · Sintra & Cascais Family Adventure

**4 days · Group of up to 12 (children 8+) · Difficulty 1 · From €1,190 per person · From €690 per child (8-15)**



Built for families with children aged 8 to 15. Shorter walking days, earlier dinners, two beach afternoons, and three castles that look like they were drawn for the trip.



### Day by day

- **Day 1** — Pickup from Lisbon. Welcome lunch in Cascais. Beach afternoon and gelato in the old town.
- **Day 2** — Sintra: Pena Palace (the colourful one) and the Moorish Castle. Walking pace adjusted for younger legs. Picnic lunch in the park.
- **Day 3** — Quinta da Regaleira with its initiation well and underground tunnels — kids generally remember this for years. Free afternoon at the beach in Cascais.
- **Day 4** — Cabo da Roca (the westernmost point of mainland Europe — children get a certificate). Lunch on the cliffs. Return to Lisbon. Tour ends at 16:00.

**What's included.** 3 nights' family-room accommodation in a Cascais hotel with a pool, all guided activities, 2 family dinners, picnic lunch on day 2, daily breakfast, all transfers from/to Lisbon, Regaleira and Pena entry tickets.

**What's not.** Flights, 2 dinners on free evenings, additional snacks and lunches.

**Ideal for.** Families with children aged 8 to 15. Multi-generational groups (grandparents welcome).

**Departures 2026.** Apr, Jun, Jul, Aug, Oct.

**Single supplement.** Not applicable (family rooms).

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## Departures at a glance

All available departure months for 2026. Specific weeks confirmed at booking — please ask.

Tour	Available months
Lisbon Essentials	March, April, May, June, September, October, November
Porto & Douro Valley Explorer	April, May, June, September, October
Azores: São Miguel Hiker	May, June, September
Alentejo Wine Trail	April, May, September, October
Algarve Coast in 5 Days	March, April, May, June, September, October, November
Andalusia: Seville to Granada	April, May, September, October
Sintra & Cascais Family Adventure	April, June, July, August, October

## By month

- **March** — Lisbon Essentials, Algarve Coast in 5 Days.
- **April** — Lisbon Essentials, Porto & Douro Valley Explorer, Alentejo Wine Trail, Algarve Coast in 5 Days, Andalusia: Seville to Granada, Sintra & Cascais Family Adventure.
- **May** — Lisbon Essentials, Porto & Douro Valley Explorer, Azores: São Miguel Hiker, Alentejo Wine Trail, Algarve Coast in 5 Days, Andalusia: Seville to Granada.
- **June** — Lisbon Essentials, Porto & Douro Valley Explorer, Azores: São Miguel Hiker, Algarve Coast in 5 Days, Sintra & Cascais Family Adventure.
- **July** — Sintra & Cascais Family Adventure.
- **August** — Sintra & Cascais Family Adventure.
- **September** — Lisbon Essentials, Porto & Douro Valley Explorer, Azores: São Miguel Hiker, Alentejo Wine Trail, Algarve Coast in 5 Days, Andalusia: Seville to Granada.
- **October** — Lisbon Essentials, Porto & Douro Valley Explorer, Alentejo Wine Trail, Algarve Coast in 5 Days, Andalusia: Seville to Granada, Sintra & Cascais Family Adventure.
- **November** — Lisbon Essentials, Algarve Coast in 5 Days.

We don't run tours in December, January, or February.

## Talking to us

**Email** hello@wanderlusttours.example **Phone** +351 21 000 0000 (Mon–Fri, 09:00–18:00 Lisbon time)

**Office** Rua das Flores 88, 1200-194 Lisbon — visits by appointment

For booking enquiries, the fastest reply is by email. We aim to respond within one working day.

For changes to a confirmed booking, please ring the office.

For anything urgent during a tour, your guide's number is in your pre-departure pack.

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*Last updated 2026. Prices in euros, per person sharing a twin or double, unless noted. Itineraries are subject to small adjustments — weather, operating hours, the occasional festival.*